

## MISSION STATEMENT

The mission of Kairos Prison Ministry is to share the transforming love and forgiveness of Jesus Christ to impact the hearts and lives of incarcerated men, women, and youth, as well as their families, to become loving productive citizens of their communities.

Kairos is comprised of well-organized and well-trained teams of volunteer men and women from the communities surrounding an institution to conduct an introductory 3-1/2 day weekend, described as a Short Course in Christianity.

This interdenominational team of volunteers consists of both clergy and laypersons who work in cooperation with the Chaplain, who carefully selects up to 42 inmate leaders to attend.

Kairos also is a well-organized follow up program as part of this ministry.

### For More Information:

Contact [webmaster@kairosva.org](mailto:webmaster@kairosva.org)

Visit the Virginia Kairos website:

[www.kairosva.org](http://www.kairosva.org)

Or write

**Kairos of Virginia**

P O Box 182

Woodbridge, Virginia 22194

**YES!** I am interested in serving on a **KAIROS Team**. For more information regarding serving in **VIRGINIA** please contact

[webmaster@kairosva.org](mailto:webmaster@kairosva.org)

or send us your

Name: \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Phone: \_\_\_\_\_ (home)

\_\_\_\_\_ (cell)

to:

**Kairos of Virginia**

P O Box 182

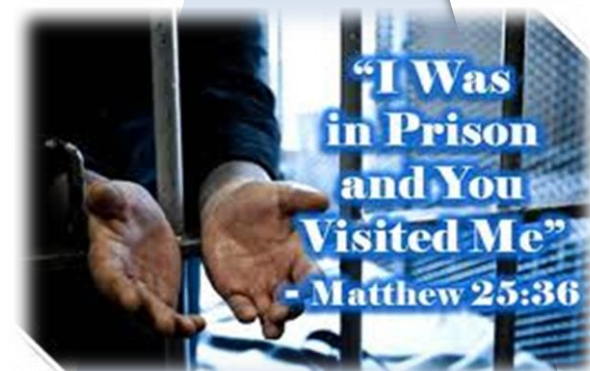
Woodbridge, Virginia 22194

*If you are interested in a Weekend outside of Virginia, we will be happy to forward your request to the appropriate state representative.*

*Kairos is a 501(c)(3) non-profit ministry funded by people who care. A tax deductible donation may be sent to the above address.*



**God's Special  
Time  
for Incarcerated  
Men and Women**



**A mission field right  
in your own back yard!**

## How Kairos Works

Kairos Inside addresses the spiritual needs of prisoners. Kairos volunteers go into prisons in teams of 30 to 40 to pray, share the love and forgiveness of Jesus Christ, share meals and fellowship with the incarcerated on a one-to-one basis.

### Starts with a 3-1/2 Day Weekend:

The first visit is a 3-1/2 day weekend conducted in an institution by a team of volunteers of the same gender as the Institution. The weekend begins on Thursday evening and ends with a spirit-filled Closing on Sunday. This is only the “starting point” as the Participants are guided through steps of understanding the Christian life.

Each day of the 3-1/2 days of the Weekend has a guiding purpose or focus. The activities for each day are designed to support that day’s purpose. As the day’s activities unfold, a building process is occurring. The Participants are led, step by step, through a growing understanding of the focus for that day, which is why Kairos is such a structured program.

The theme of each day of the 3-1/2 Day Weekend and the focus for that day is:

**Thursday - Encountering Kairos** This day is a time to reduce anxiety (for both the Participants and the Team) and to begin to build comfort levels.

**Friday - Encountering Self** This day the Participants begin to understand themselves and their standing with God.

**Saturday - Encountering Christ** This day the Participants examine their relationship with Christ and others and the role of forgiveness in those relationships.

**Sunday - Encountering Other** This day the Participants begin the process of growing in faith and community with others.



### Followed by Instructional Reunion

The Team returns to the institution as soon as possible, but no later than 3 weeks following the 3-1/2 Day Weekend to teach the newest members of the Inside Community how to form Prayer and Share Groups.

### Weekly Prayer and Share Group Fellowship

This is the heart of Kairos! The ultimate goal of Weekends is to build a Christian community inside the Institution. Prayer and Share Groups of 3 to 6 individuals provide an opportunity for the Inside Community to pray and fellowship together on a weekly basis by nurturing each other in their faith walk and providing accountability.

### Monthly Reunions

Participants provide leadership for monthly Reunions. Three or more Participants are selected to share how Jesus is working in their lives. This gathering creates an environment that fosters participation and an opportunity for spiritual growth in the lives of the Participants.

### 1 or 2 Day Retreat

A 1 or 2 Day Retreat is held approximately 3 months following each Weekend. The Retreat is conducted by a small team with a minimum of 10 Kairos volunteers and is open to all Kairos Participants who have experienced a Weekend. Various topics are carefully chosen for these retreats to enhance and encourage the participants to continue their Prayer and Share groups.

## How You Can Participate...

### Be a Team Member

Kairos volunteers come from all walks of life. They all share a desire to follow Christ’s admonition of Matthew 25:36, “I was in prison and you visited me.” If you feel God’s call to minister to the incarcerated as a part of a Kairos team, contact [webmaster@kairosva.org](mailto:webmaster@kairosva.org) to find out about qualification and training and to be put in touch with the local Kairos community.

### Be a Prayer Partner

All Kairos activities are covered with prayer. You can be a part of that prayer effort. Contact [webmaster@kairosva.org](mailto:webmaster@kairosva.org) for more information

### Be a Support Volunteer

Each Kairos Retreat Weekend has opportunities for outside support, such as baking cookies, writing letters of support, or preparing meals.

### Be a Ministry Financial Booster

All Kairos activities are funded by donations. If you would like to support this ministry by your donation, make your check payable to Kairos Prison Ministry of Virginia., and send it to:

**Kairos of Virginia**  
**P O Box 182**  
**Woodbridge, Virginia 22194 USA**  
(any amount is appreciated!)